

Is Your Pain Due to Endometriosis (Endo)?

Do you have:

- Painful periods?
- Pain in your lower stomach, back and/or pelvis between your periods?
- Pain during sex?
- Pain when using the bathroom?
- Pain from your period that limits your daily activities?

If so, you could have endo. Read on to learn more about what it is, what it feels like, and what you can do next.

Is Endo Common?

If you have endo, you are not alone!

- About 190 million women around the world have endo.^{1,2}
- It may affect 1 in 10 women in the U.S.^{3,4}

What Is Endo?

Endo is when the lining of your uterus grows outside the uterus, causing pain.^{7,8}

It affects women in different ways, can cause a number of health problems³, and can have an impact on:

- Physical health²
- Mental health²
- Sexual health²
- Social well-being²
- Ability to go to work or school¹



Endo can take

4-11
years

to diagnose⁵

Up to

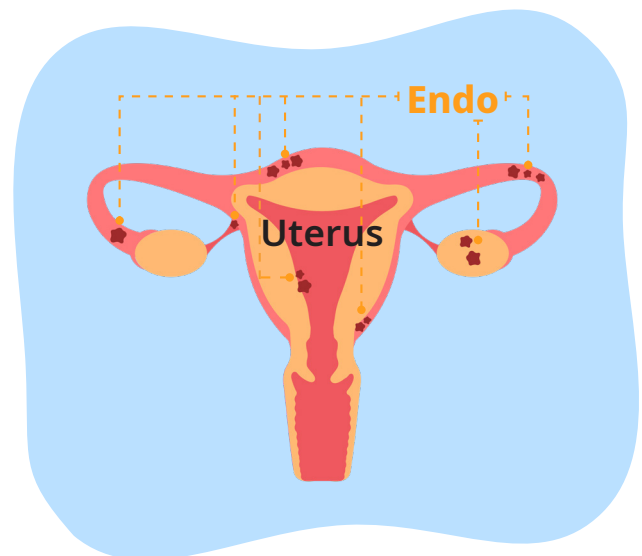
87%

of women with chronic pelvic pain have endo⁶

Up to

50%

of women with endo cannot get pregnant⁷



What Does Endo Feel Like?

Although not every woman with endo is bothered by symptoms, 75-80% of women with endo are symptomatic.⁷ Some women have very bad symptoms, like pain.² Endo can be hard to diagnose because pain can be caused by other issues, too.^{5,7}

Some of the most common symptoms of endo are:

- Painful periods^{7,8}
- Pain in your lower stomach, back and/or pelvis when you are not on your period^{5,8}
- Pain during sex^{7,8}
- Having trouble getting pregnant^{7,8}

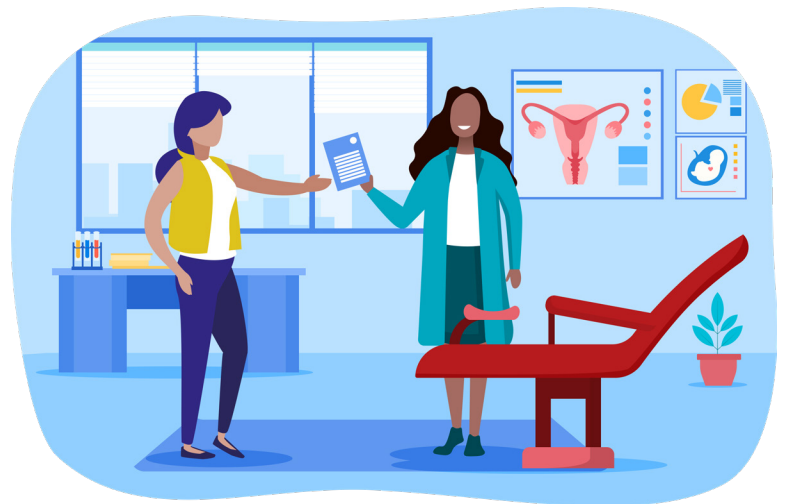
You may also have one or more other symptoms, like:

- Pain when using the bathroom^{1,7}
- Tiredness^{1,7}
- Depression^{1,8}
- Anxiety^{1,8}
- Bloating^{1,5}
- Irregular periods⁷

What Happens Next?

Many women think painful periods and ongoing pelvic pain are things every woman feels, but that's not always true.¹ If you have one or more symptoms of endo, talk to your health care provider.

Together, you and your provider can decide whether you should be screened or treated for endo.



For US residents only. This information is provided for educational purposes only and is not intended to replace regular medical checkups or the advice of your healthcare provider.

References:

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